

**Recognition.
Trust.
Excellence.**



“Making skilling truly work requires a shift in both mindset and mechanics: from producing trained persons to producing workers whose skills are valued, verified and retained.”

Economic Survey of India, 2025–26, Chapter 12, p.495

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A global wellness leader

India has never been short of talent. What it needs are qualifications the world respects and partnerships to deliver them.

Across every neighbourhood in India there is a beautician who learned threading from her aunt and the art of a good facial by watching, doing, and touching. Her clientele is built through trust, not advertising. She set up in a spare room. Her skill was hard earned. She is respected in her community. Going beyond requires a new level of validation.

“Skilling initiatives in employment not only bridge skill gaps and enhance productivity and decent work opportunities, but they also catalyse social mobility by enabling upward economic progression.”

Economic Survey of India, 2025–26, Chapter 12, p.468



People's knowledge

India is a wellness leader. Beauty and wellness, rooted in Ayurveda, began at home in traditional hair oils, skin care regimens, and post-natal massage techniques. They are passed from generation to generation.

There is a name for this: *Lok Vidya*, meaning people's knowledge.

The National Education Policy 2020 places traditional practices at the heart of India's skills agenda.



**“A strategic priority -
Recognise skills acquired
through traditional
apprenticeships or other
non-formal channels.”**

**Ministry of Skill Development and Entrepreneurship,
Annual Report 2023–24, p.14**

A policy built for this moment

India's commitment to this sector is real, it is active and measurable. The Beauty & Wellness Sector Skill Council has already trained 4.89 lakh (489,000) individuals under Skill India, with 1.34 lakh (134,000) certified under Recognition of Prior Learning. The sector is growing at a CAGR of 18.2%, surpassing the global average of 17.6%.

Women are at the centre of this growth, currently accounting for 66% of the sector's workforce. Formalisation will bring more people into the industry, opening pathways that informal routes alone cannot provide.

India's National Education Policy 2020 reinforces this momentum. For the first time, formal policy affirms that learning by doing carries equal weight to learning in a classroom, ending the hierarchy that placed theory above craft.

The world is catching up with what India already knew.



4.89 lakh (489,000)

Individuals trained under Skill India



1.34 lakh (134,000)

Certified under Recognition of Prior Learning



Rs 5 lakh crore (~\$50bn)

Expected sector value by 2030



66%

Of the sector's workforce are women



Credentials open doors

A practitioner who has spent years perfecting their craft should be able to walk into a five-star spa, an international hotel, or a salon anywhere in the world and be taken seriously. That requires a qualification that travels. One that is trusted in Delhi, Dubai or Derby alike.

Recognition of Prior Learning, under the National Education Policy's National Credit Framework, makes this possible. It means lived experience counts towards a certified, portable qualification.

It does not question what someone knows. It ensures the rest of the world can see it too.

Unlocking ambition

Two thirds of India's beauty and wellness workforce are women, in salons, spas, clinics and home businesses. They are present in every state. For them, an internationally recognised qualification is more than a certificate. It is mobility. It opens access to better-paying jobs, management, global careers, the confidence to become an entrepreneur and build something bigger and the funding to make that happen.

In a sector where so many begin through informal routes, accreditation is an act of professional validation.

“India’s vision for Viksit Bharat 2047 places women at the core of the national development agenda, with progress envisioned to be women-led.”

Economic Survey of India, 2025–26, Chapter 12, Para 12.12, p.474

Partner for progress

VTCT Skills is a global leader in hair, beauty and wellness education. For more than 60 years, we have supported governments, training providers, employers and regulators to set and maintain international standards in personal services and technical education.

In a sector being transformed by global travel, digital influence and changing consumer expectations, credibility matters. VTCT Skills sets the benchmark for vocational excellence and global readiness.



Our mission

Setting a new standard for skills worldwide.



Our purpose

Transforming lives through skills.



Our commitment is simple

Every learner deserves recognition, every educator deserves trust, and every client deserves professional excellence.

“VTCT Skills works in partnership to champion Vocational Education, helping you to transform local potential into global talent.”

Delivering value



Globally recognised

Trusted by employers and institutions worldwide. Our qualifications go wherever your learners go.



A clear path forward

From entry-level skills to advanced practice and educator roles, we've mapped every step of the learning journey.



Industry-designed

Built around current techniques, technologies and client needs.



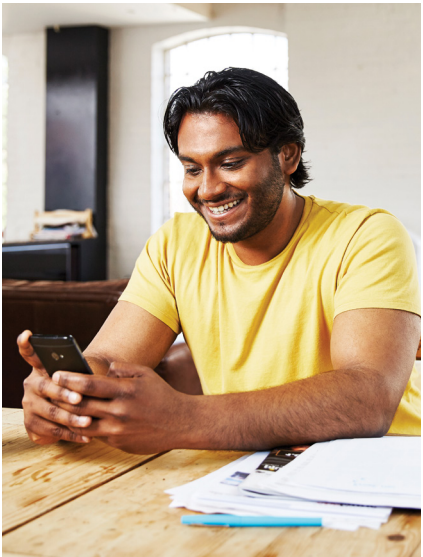
Regulated and respected

Regulated in the UK. Recognised by governments globally.



Flexible by design

Delivered across private training centres, colleges, academies and employers, on your terms.



A partner the world trusts

Transforming local potential into global talent.

Becoming a VTCT Skills approved centre

Partnering to deliver world-class skills

At VTCT Skills, our approved centres are more than training providers, they are trusted partners in delivering high quality, internationally recognised education.

Together, we work to ensure learners achieve meaningful outcomes and employers can rely on consistent, professional standards.

With over 3,000 centres worldwide and more than 120,000 learners supported each year, VTCT Skills brings global credibility, expert support and proven systems to every approved centre.

Why become a VTCT Skills centre?

Internationally recognised qualifications

VTCT Skills qualifications are globally recognised in over 40 countries, empowering learners to progress both locally and internationally while positioning your centre as an internationally respected provider.

Employer-endorsed standards

All VTCT Skills qualifications are developed and co-created with industry experts and employers to ensure learners graduate with skills and confidence that meet real workplace and employer expectations.

Expert-designed qualifications

Approved centres gain access to a broad portfolio of qualifications, each designed by subject and technical experts with extensive industry expertise and mapped to industry standards.

Dedicated partnership support

Every centre is supported by a dedicated account manager, backed by sector specialists and technical experts. You are never navigating quality assurance or delivery alone.

Ongoing professional development

Approved centres receive access to:

- Workshops and webinars
- Sector collectives and advisory boards
- Practical delivery and assessment resources, supporting continuous improvement and compliance.

A clear and supportive approval process

VTCT Skills offers a clear, transparent, and supportive centre approval process, combining rigorous standards with a streamlined experience.

Step 1: Explore partnership

Work with VTCT Skills to understand how our qualifications align with your organisation, learners and market needs.

Step 2: Review centre requirements

VTCT Skills provides clear practical guidance to help centres review requirements for facilities, resources and qualified staff.

Step 3: Submit your application

Applications are submitted online, supported by your assigned VTCT Skills contact who will guide you through the process.

Step 4: Approval decision

- Simple applications: processed in as little as 5 working days
- More complex applications: typically completed within 2–4 weeks

All approvals are quality driven and fair.

Maintaining quality and credibility

VTCT Skills' approval model is designed to protect learners, centres and employers.

Key principles include:

- Separation of assessment and internal quality assurance roles
- Trained assessors and IQAs
- Permanent, fit-for-purpose premises
- Ongoing compliance and quality assurance support

These standards ensure qualifications remain trusted both nationally and internationally.



Practical support after approval

Once approved, centres receive access to:

- Linx2 Centre Management Portal for resources and guidance
- Selected Pivot Point learning pathways for Hair, Barbering and Beauty qualifications
- Bespoke support and system training as required

This ensures a smooth transition from approval to confident delivery.

Fees and investment

Centre approval fees and qualification registration charges are published transparently in the VTCT Skills price book.

- Approval fees vary by centre type and location
- Qualification fees are paid per learner registration
- International centre fees are available on request

This ensures clarity, fairness and long term sustainability of standards.

A partnership focused on long term success

Becoming a VTCT Skills centre is not a one-off transaction.

It is a long-term partnership built on:

- Quality
- Trust
- Professional recognition
- Global opportunity

Together, we help centres grow, educators deliver with confidence and learners achieve careers aligned to international expectations.



Coming soon: A new era of professional membership

An exciting new membership platform is on the way for professionals and aspiring talent across the hairdressing, barbering, beauty, and aesthetics sectors.

Designed as an all-in-one hub for learning, career development, and industry connections, members will gain access to expert-led education, CPD resources, digital credentials, live events, industry news, and exclusive opportunities.

Featuring personalised digital portfolios, skills showcasing, employer connections, and a smart job-matching ecosystem, the platform will support members at every stage of their professional journey.

Whether you're looking to learn, grow, connect, or advance your career, this innovative membership experience will provide the tools, resources, and opportunities to help you succeed.

Launching soon.

Qualifications

Welcome to the VTCT Skills Hair, Beauty and Wellness catalogue for internationally recognised qualifications. Our qualifications are designed in consultation with industry and government stakeholders and deliver pathways into employment and further education. In this catalogue we have brought together our hair, beauty and wellness qualifications, teaching and learning resources, English Language products, guidance on centre approval and qualifications for practitioners delivering skills education.



“VTCT Skills has a genuine understanding of the industry.”

**Kate Finch, Senior Recruitment Manager,
London Wellness Academy**

Beauty Therapy, Make-up and Nails

Building exceptional client experiences

These qualifications develop the core technical, professional and client care skills required in salons, spas and wellness environments.

Learners gain practical competence in:

- Beauty therapy treatments
- Nail services and enhancements
- Spa therapies and holistic experiences
- Health, safety and hygiene best practice
- Professional consultation and retail skills

Designed to support both entry-level learners and professional upskilling, these qualifications help centres produce confident practitioners ready for premium service delivery.

1. VTCT Skills Level 1 Diploma in Beauty Therapy

An introductory qualification designed to develop practical skills and underpinning knowledge in basic beauty treatments such as manicure, pedicure, skincare, make-up application, and salon practices, providing a foundation for working in the beauty industry.

Assessment type: Externally quality assured

 **353 hours**
 **Level 1**
 **AB10243**

2. VTCT Skills (ITEC) Level 1 Diploma in Beauty Therapy

An entry-level qualification that develops basic practical skills such as manicure, pedicure, skincare, make-up and head massage, alongside knowledge of health, safety and salon working, providing a foundation for progression to Level 2.

Assessment type: Externally assessed

 **369 hours**
 **Level 1**
 **IBT1D1**

3. VTCT Skills Level 2 Diploma in Beauty Therapy Studies

A Level 2 qualification that develops practical skills in treatments such as facials, waxing, eyelash and brow services, manicure and pedicure, alongside health, safety and client care, enabling learners to perform professional salon services.

Assessment type: Externally quality assured

 **345 hours**
 **Level 2**
 **AB20491R**

4. VTCT Skills (ITEC) Level 2 Diploma for Beauty Specialists

A Level 2 qualification that develops the practical skills and knowledge needed to perform core beauty treatments such as skincare, make-up, manicure and pedicure, waxing, and eye treatments, alongside professional conduct and client care.

Assessment type: Externally assessed

 **300 hours**
 **Level 2**
 **IBT2D7**

5. VTCT Skills Level 2 Certificate in Nail Technology

A Level 2 qualification that develops practical skills in nail services, including manicure treatments and nail enhancements, along with optional nail art and pedicure treatments, and prepares learners to provide professional nail services while working safely and effectively within a salon environment.

Assessment type: Externally quality assured

- 162 hours
- Level 2
- AB20117

6. VTCT Skills Level 2 Award in LED Gel Polish Techniques

A Level 2 qualification that develops practical skills in applying, maintaining and removing LED gel polish products, covering treatment preparation, health, safety and hygiene, and preparing learners to enhance nail services within a salon environment.

Assessment type: Externally quality assured

- 10 hours
- Level 2
- BT2A1

7. VTCT Skills Level 2 Award in Nail Technology

A Level 2 qualification that develops practical skills in providing and maintaining nail enhancements using UV gel or liquid and powder systems, and prepares learners to perform professional nail enhancement services within a salon environment.

Assessment type: Externally quality assured

- 46 hours
- Level 2
- AB20262

8. VTCT Skills (ITEC) Level 2 Certificate in Manicure and Pedicure

A Level 2 qualification that develops practical and theoretical skills in providing manicure and pedicure treatments, including hand and foot care, and prepares learners to deliver these services safely and professionally within a salon environment.

Assessment type: Externally assessed

- 50 hours
- Level 2
- IBT2C14

9. VTCT Skills Level 2 Award in Facial Massage and Skincare

A Level 2 qualification that develops practical skills in providing facial skincare treatments, supported by knowledge of health and safety, client care, and communication, preparing learners to deliver professional facial services within a salon environment.

Assessment type: Externally quality assured

- 98 hours
- Level 2
- AB20122

10. VTCT Skills (ITEC) Level 2 Certificate in Facial Skincare

A Level 2 qualification that develops practical and theoretical skills in providing facial skincare treatments, covering skin analysis, facial techniques, client care, communication, and health and safety, and preparing learners to deliver professional facial services within a salon environment.

Assessment type: Externally assessed

- 129 hours
- Level 2
- IBT2C2

11. VTCT Skills (ITEC) Level 2 Award in Provide Facial Skincare

A Level 2 qualification that develops the knowledge and practical skills required to deliver facial skincare treatments safely and professionally, preparing learners for employment within the beauty therapy industry.

Assessment type: Externally assessed

- 56 hours
- Level 2
- IBT2A7

12. VTCT Skills (ITEC) Level 2 Certificate in Make-up

A Level 2 qualification that develops practical and theoretical skills in applying professional make-up treatments for the general public.

Assessment type: Externally assessed

- 50 hours
- Level 2
- IBT2C11

13. VTCT Skills Level 2 Certificate in Cosmetic Make-Up

A Level 2 qualification that develops practical skills in applying make-up, providing instruction on make-up application, and delivering eyelash and eyebrow treatments, supported by knowledge of health and safety, client care and communication, and preparing learners to perform professional salon services.

Assessment type: Externally quality assured

- 175 hours
- Level 2
- AB20118R

14. VTCT Skills (ITEC) Level 2 Certificate in Bridal Make-up

A Level 2 qualification that develops practical and theoretical skills in providing bridal make-up treatments, including skin preparation, make-up application, and professional client consultation, preparing learners to deliver bridal services and gain employment within the beauty industry.

Assessment type: Externally assessed

- 100 hours
- Level 2
- IBT2C9

15. VTCT Skills Level 2 Award in Eyelash and Eyebrow Treatments

A Level 2 qualification that develops practical skills in shaping and tinting eyelashes and eyebrows, along with knowledge of colour characteristics, consultation, and safe working practices, preparing learners to provide professional lash and brow treatments within a salon environment.

Assessment type: Externally quality assured

- 36 hours
- Level 2
- AB20263

16. VTCT Skills (ITEC) Level 2 Certificate in Eyebrow Treatments and Eyelash Enhancements

A Level 2 qualification that develops practical and theoretical skills in providing eyebrow and eyelash treatments, including lash enhancements, eyelash perming, and client consultation, supported by knowledge of health and safety, client care, and professional working practices, preparing learners for employment within the beauty industry.

Assessment type: Externally assessed

- 201 hours
- Level 2
- IBT2C7

17. VTCT Skills (ITEC) Level 2 Certificate in Waxing

A Level 2 qualification that develops practical and theoretical skills in providing waxing treatments using hot and cool wax methods, supported by knowledge of health and safety, client care and communication, preparing learners to deliver professional hair removal services within the beauty industry.

Assessment type: Externally assessed

- 50 hours
- Level 2
- IBT2C13

18. VTCT Skills Level 2 Award in Threading Depilation

A Level 2 qualification that develops practical skills in providing threading hair removal treatments, supported by knowledge of health and safety, client care and communication, preparing learners to deliver professional threading services within a salon environment.

Assessment type: Externally quality assured

- 71 hours
- Level 2
- AB20125

19. VTCT Skills Level 3 Diploma in Beauty Therapy Treatments

A Level 3 qualification that develops advanced practical skills in treatments such as facial and body electrotherapy and body massage, alongside knowledge of health and safety, client care and communication. It also allows learners to specialise through optional units (e.g. aromatherapy massage, electrical epilation, lash extensions, tanning and nail enhancements), preparing them for employment as a professional beauty therapist.

Assessment type: Externally quality assured

- 509 hours
- Level 3
- AB30133

20. VTCT Skills Level 3 Diploma in Nail Technology

A Level 3 qualification that develops advanced practical skills in manicure, pedicure and nail enhancements, alongside knowledge of health and safety, client care and professional salon practices, preparing learners to deliver a full range of nail services within the beauty industry.

Assessment type: Externally quality assured

- 414 hours
- Level 3
- AB30130

21. VTCT Skills (ITEC) Level 3 Diploma in Nail Technology

A Level 3 qualification that develops the practical skills and knowledge required to provide nail technology services, including manicure and pedicure treatments, nail enhancements and professional client care, preparing learners for employment within the beauty and nail industry.

Assessment type: Externally assessed

- 215 hours
- Level 3
- IBT3D10

22. VTCT Skills Level 3 Diploma in Nail Technology Studies

A Level 3 qualification that develops advanced practical skills in applying and maintaining nail enhancements (using liquid and powder or UV gel systems), alongside nail art, airbrushing and electrical file techniques, supported by knowledge of health and safety, client care and communication, preparing learners to work professionally within the nail and beauty industry.

Assessment type: Externally quality assured

- 336 hours
- Level 3
- AB30523

23. VTCT Skills Level 3 Diploma in Make-Up Artistry

A Level 3 qualification that develops advanced practical skills in professional make-up techniques, including media, fashion and photographic make-up, camouflage, face and body art, alongside knowledge of client care, health and safety and product promotion, preparing learners to work as a professional make-up artist.

Assessment type: Externally quality assured

- 421 hours
- Level 3
- AB30134

24. VTCT Skills (ITEC) Level 3 Diploma in Fashion, Theatre and Media Make-up

A Level 3 qualification that develops advanced practical skills and knowledge in fashion, theatrical and media make-up, enabling learners to create a range of professional looks for performers and clients, and preparing them for employment within the media, theatre and fashion make-up industry.

Assessment type: Externally assessed

- 300 hours
- Level 3
- IBT3D14

25. VTCT Skills (ITEC) Level 3 Certificate in Fashion and Photographic Make-up

A Level 3 qualification that develops practical skills in creating professional fashion and photographic make-up looks, alongside knowledge of client requirements, product use and industry techniques, preparing learners to work within fashion, editorial and media make-up settings.

Assessment type: Externally assessed

- 195 hours
- Level 3
- IBT3C19

26. VTCT Skills Level 3 Certificate in Fashion and Photographic Make-up

A Level 3 qualification that develops practical skills and knowledge required to perform professional fashion and photographic make-up treatments, alongside client care and health and safety practices, preparing learners to deliver make-up services within the beauty and media industries.

Assessment type: Externally quality assured

- 157 hours
- Level 3
- BT3C8

27. VTCT Skills Level 3 Award in Asian Bridal Make-Up

A Level 3 qualification that develops practical skills and knowledge required to design and apply Asian bridal make-up, taking into account client needs, cultural considerations and different Asian bridal styles, preparing learners to provide specialist bridal make-up services within the beauty industry.

Assessment type: Externally quality assured

- 60 hours
- Level 3
- BT3A11

28. VTCT Skills (ITEC) Level 3 Diploma in Body Treatments

A Level 3 qualification that develops practical and theoretical skills in body therapy treatments, including Swedish massage and body electrical treatments, alongside anatomy and physiology and professional practice, preparing learners to work within the spa and beauty therapy industry.

Assessment type: Externally assessed

- 410 hours
- Level 3
- IBT3D12

29. VTCT Skills Level 3 Certificate in Beauty Therapy Studies (Massage)

A Level 3 qualification that develops practical skills and knowledge required to provide professional massage treatments, including body massage, alongside client care, consultation, anatomy and physiology, and health and safety practices, preparing learners to work as a massage therapist within the beauty and spa industry.

Assessment type: Externally quality assured

**306 hours**

**Level 3**

**AB30495**

30. VTCT Skills Level 3 Certificate in Indian Head Massage

A Level 3 qualification that develops practical skills and knowledge required to provide professional Indian head massage treatments, alongside client care, health and safety and product promotion, preparing learners to work as a specialist massage therapist within the beauty and complementary therapy industry.

Assessment type: Externally quality assured

**140 hours**

**Level 3**

**BT3C9**

31. VTCT Skills (ITEC) Level 3 Award in Body Massage

A Level 3 qualification that develops practical skills and theoretical knowledge required to provide professional body massage treatments, including client consultation, use of massage techniques and adaptation to individual needs, preparing learners to work within the beauty and spa industry.

Assessment type: Externally assessed

**84 hours**

**Level 3**

**IBT3A5**

32. VTCT Skills (ITEC) Level 3 Certificate in Spa Treatments

A Level 3 qualification that develops the practical skills and theoretical knowledge required to provide professional spa treatments to clients, preparing learners for employment within the beauty and spa therapy industry.

Assessment type: Externally assessed

**93 hours**

**Level 3**

**IBT3C11**

33. VTCT Skills (ITEC) Level 3 Diploma in Massage Therapies

A Level 3 qualification that develops the practical and theoretical skills required to provide a range of massage therapies to clients, preparing learners for employment within the spa and beauty therapy industry.

Assessment type: Externally assessed

**330 hours**

**Level 3**

**IBT3D28**

34. VTCT Skills (ITEC) Level 3 Diploma in Indian Head Massage

A Level 3 qualification that develops the practical and theoretical skills required to provide professional Indian head massage treatments, preparing learners for employment within the spa and beauty therapy industry.

Assessment type: Externally assessed

**250 hours**

**Level 3**

**IBT3D13**

35. VTCT Skills (ITEC) Level 3 Award in Indian Head Massage

A Level 3 qualification that develops the practical skills and theoretical knowledge required to provide professional Indian head massage treatments, preparing learners for employment within the spa and beauty therapy industry.

Assessment type: Externally assessed

**49 hours**

**Level 3**

**IBT3A2**

36. VTCT Skills (ITEC) Level 3 Diploma in Facial Electrical Treatments

A Level 3 qualification that develops the practical and theoretical skills required to provide professional facial electrical treatments to clients, preparing learners for employment within the beauty therapy industry.

Assessment type: Externally assessed

**250 hours**

**Level 3**

**IBT3D15**

37. VTCT Skills (ITEC) Level 3 Certificate in Microdermabrasion Treatments

A Level 3 qualification that develops the practical skills and theoretical knowledge required to provide professional microdermabrasion treatments to clients, preparing learners for employment within the beauty therapy industry.

Assessment type: Externally assessed

 **45 hours**

 **Level 3**

 **IBT3C13**

38. VTCT Skills Level 3 Award in Facial Electrotherapy

A Level 3 qualification that develops the practical skills and knowledge required to provide professional facial electrical treatments, preparing learners to perform advanced beauty therapy services within a salon environment.

Assessment type: Externally quality assured

 **104 hours**

 **Level 3**

 **BT3A10**

39. VTCT Skills Level 3 Certificate in Facial Electrotherapy

A Level 3 qualification that develops the practical skills and underpinning knowledge required to provide professional facial electrical treatments, preparing learners to perform advanced beauty therapy services within a salon environment.

Assessment type: Externally quality assured

 **242 hours**

 **Level 3**

 **AB30141**

“Eve Taylor® is a global brand with 60+ years of expertise within the professional beauty industry. We need to ensure that we are working with a likeminded global education partner that truly understands the needs of the market.”

Chris Taylor, Director of Business Development, Eve Taylor

Complementary Therapy

Holistic skills for modern wellness

Complementary therapy qualifications reflect the growing demand for natural, holistic and preventative wellness services.

- Learners develop skills in:
- Massage and body therapies
 - Relaxation and wellbeing techniques
 - Client consultation and aftercare
 - Ethical, safe and professional practice

These qualifications support India’s strong connection to holistic wellbeing while aligning delivery and assessment to international professional standards.

1. VTCT Skills Level 2 Diploma in Complementary Therapies

A Level 2 qualification that develops the practical skills and knowledge in anatomy and physiology, basic massage, aromatherapy and reflexology, along with healthy eating, wellbeing and clinic services preparing learners to perform complementary therapy treatments.

Assessment type: Externally quality assured

-  450 hours
-  Level 2
-  AC20402

2. VTCT Skills (ITEC) Level 2 Diploma in Complementary Therapies

A Level 2 qualification that develops practical skills and knowledge in anatomy and physiology, basic massage, aromatherapy and reflexology, along with healthy eating, wellbeing and clinic services enabling learners to perform complementary therapy treatments.

Assessment type: Externally assessed

-  450 hours
-  Level 2
-  ICT2D1

3. VTCT Skills Level 3 Diploma in Reflexology

A Level 3 qualification that develops the practical skills and knowledge in reflexology techniques, along with anatomy, physiology and pathology, and principles and business practice for complementary therapies, enabling learners to provide reflexology treatments at a professional level.

Assessment type: Externally quality assured

-  296 hours
-  Level 3
-  AC30405

4. VTCT Skills (ITEC) Level 3 Diploma in Reflexology Treatments

A Level 3 qualification that develops advanced practical skills and knowledge in reflexology techniques, along with anatomy, physiology and pathology, and client care, enabling learners to provide reflexology treatments to industry standards.

Assessment type: Externally assessed

-  225 hours
-  Level 3
-  ICT3D6

5. VTCT Skills (ITEC) Level 3 Diploma in Holistic Massage

A Level 3 qualification that develops practical skills and knowledge in holistic massage techniques, along with anatomy and physiology and professional conduct, enabling learners to provide massage treatments to industry standards.

Assessment type: Externally assessed

-  250 hours
-  Level 3
-  ICT3D8

6. VTCT Skills (ITEC) Level 3 Diploma in Massage

A Level 3 qualification that develops practical skills and knowledge in body massage techniques, along with anatomy, physiology and pathology, and principles and business practice for complementary therapies, enabling learners to provide massage treatments to industry standards.

Assessment type: Externally assessed

-  296 hours
-  Level 3
-  ICT3D3

7. VTCT Skills Level 3 Certificate in Thai Massage

A Level 3 qualification that develops the practical skills and knowledge required to provide Thai massage treatments safely and effectively, including anatomy and physiology, client care, communication, and health and safety, enabling learners to deliver professional Thai massage services.

Assessment type: Externally quality assured

-  207 hours
-  Level 3
-  AC30335

8. VTCT Skills Level 3 Diploma in Massage Therapy

A Level 3 qualification that develops advanced practical skills and knowledge in a range of massage techniques including body massage, aromatherapy massage, Indian head massage and stone therapy, along with anatomy and physiology, client care and communication, and health and safety, enabling learners to perform professional massage therapy services.

Assessment type: Externally quality assured

-  450 hours
-  Level 3
-  AM30099

9. VTCT Skills (ITEC) Level 3 Certificate in Diet and Nutrition for Complementary Therapists

A Level 3 qualification that develops theoretical knowledge of diet and nutrition, including the role of nutrients, digestion and the effects of nutrition on health and wellbeing, enabling learners to provide healthy eating advice within complementary therapy practice.

Assessment type: This is internally assessed

- 100 hours
- Level 3
- ICT3C3

10. VTCT Skills Level 3 Certificate in Anatomy, Physiology and Pathology for Complementary Therapies

A Level 3 qualification that develops knowledge and understanding of anatomy, physiology and pathology, including the structure and function of the body and its systems such as the skeletal, muscular, nervous, endocrine, respiratory, cardiovascular, digestive, urinary and reproductive systems, providing essential underpinning theory for complementary therapy practice.

Assessment type: Externally quality assured

- 94 hours
- Level 3
- AC30407

11. VTCT Skills (ITEC) Level 3 Diploma in Aromatherapy Treatments

A Level 3 qualification that develops practical skills and knowledge in aromatherapy treatments, including blending and applying essential oils, along with anatomy and physiology and professional conduct, enabling learners to provide aromatherapy treatments to industry standards.

Assessment type: Externally assessed

- 230 hours
- Level 3
- ICT3D7

12. VTCT Skills Level 3 Diploma in Aromatherapy

A Level 3 qualification that develops practical skills and knowledge in aromatherapy, including blending and applying essential oils for treatments, along with anatomy and physiology, client care, health and safety, and principles and business practice for complementary therapies, enabling learners to perform professional aromatherapy services.

Assessment type: Externally quality assured

- 296 hours
- Level 3
- AC30404

13. VTCT Skills (ITEC) Level 3 Certificate in Stone Therapy Massage

A Level 3 qualification that develops practical skills and knowledge in stone therapy massage techniques, including the use of heated stones, along with anatomy and physiology, client care and communication, and health and safety, enabling learners to perform professional stone therapy massage treatments.

Assessment type: Externally assessed

- 50 hours
- Level 3
- ICT3C4

14. VTCT Skills Level 3 Certificate in Stone Therapy Massage

A Level 3 qualification that develops practical skills and knowledge in stone therapy massage, including the use of hot and cold stones, along with anatomy and physiology, client care and communication, and health and safety, enabling learners to perform professional stone therapy massage treatments.

Assessment type: Externally quality assured

- 132 hours
- Level 3
- AM30180

15. VTCT Skills Level 3 Certificate in Swedish Massage

A Level 3 qualification that develops practical skills and knowledge in providing body massage using Swedish techniques, along with anatomy and physiology, client care and communication, and health and safety, enabling learners to perform professional massage treatments.

Assessment type: Externally quality assured

- 150 hours
- Level 3
- BT3C2

16. VTCT Skills (ITEC) Level 3 Certificate in Lymphatic Drainage Massage

A Level 3 qualification that develops practical skills and knowledge in lymphatic drainage massage techniques, along with anatomy and physiology of the lymphatic system, client care and communication, and health and safety, enabling learners to perform professional lymphatic drainage massage treatments.

Assessment type: Externally assessed

- 50 hours
- Level 3
- ICT3C2

17. VTCT Skills Level 4 Diploma in Complementary Therapies

A Level 4 qualification that develops advanced practical skills and knowledge across aromatherapy, reflexology and massage, including advanced treatment techniques, interpersonal skills, and clinical practice, enabling learners to deliver specialist complementary therapy treatments within clinical and professional settings.

Assessment type: Externally quality assured



253 hours



Level 4



CT4D3

“VTCT Skills (iTEC) played a significant role in shaping my career. It transformed my passion into a profession, equipped me with internationally recognised skills, and gave me the confidence to pursue opportunities beyond my home country.”

Learner, Elite School of Beauty, Zimbabwe

Beauty Aesthetics

Advanced care for high performance beauty services

Beauty aesthetics qualifications focus on advanced, results driven treatments delivered in professional aesthetic environments.

Key areas include:

- Advanced skin treatments
- Professional aesthetics protocols
- Client assessment and treatment planning
- Regulations, ethics and risk awareness

Ideal for practitioners seeking career progression and centres responding to the rapidly expanding aesthetics market.

1. VTCT Skills (ITEC) Level 3 Certificate in Access to Aesthetic Therapies

A Level 3 qualification designed for learners with no prior beauty therapy experience, providing the underpinning knowledge and skills needed to progress into advanced aesthetic treatments at Level 4 and above. It combines Level 2 and 3 content to develop understanding of areas such as health and safety, skin analysis, anatomy and physiology, consultation, and electrical science.

Assessment type: Externally assessed

-  200 hours
-  Level 3
-  BT3C10

2. VTCT Skills Level 3 Award in Adult Basic Life Support, AED and Management of Anaphylaxis

A Level 3 qualification designed for learners who need the knowledge and practical skills to respond to emergency situations, including providing basic life support and managing anaphylaxis. It covers assessing emergencies and delivering first aid to unresponsive casualties (breathing or not) as well as treating anaphylactic reactions, in line with first aid regulations and guidelines.

Assessment type: Externally quality assured

-  3 hours
-  Level 3
-  FA3A3

3. VTCT Skills Level 4 Certificate in Laser and Intense Pulsed Light (IPL) Treatments

A Level 4 qualification that develops advanced skills in performing laser and IPL treatments for hair reduction and skin rejuvenation. It builds on Level 3 knowledge and covers safe treatment practice, client consultation, and the use of laser/light technology in professional environments.

Assessment type: Externally quality assured

-  220 hours
-  Level 4
-  AB40163

4. VTCT Skills (ITEC) Level 4 Diploma in Laser and Intense Pulsed Light Treatments

A Level 4 qualification that develops the skills to safely perform laser and IPL treatments for hair reduction and skin rejuvenation. It covers client consultation, skin and hair analysis, contraindications, and adapting treatments to individual needs, alongside essential health and safety and client care.

Assessment type: Externally assessed

-  200 hours
-  Level 4
-  QLIPL

5. VTCT Skills Level 4 Award in Laser and Light Treatments for Hair Reduction

A Level 4 qualification that develops the skills to safely perform laser and light hair reduction treatments, including identifying suitable clients and maintaining safe working practices.

Assessment type: Externally quality assured

-  74 hours
-  Level 4
-  AB40394

6. VTCT Skills (ITEC) Level 4 Award in Core of Knowledge for Laser and Light Devices

A Level 4, theory-based qualification that provides essential knowledge for safely using laser, IPL, and LED technologies. It covers topics such as light radiation, skin reactions, risk assessment, health and safety, and relevant legislation, preparing learners for further practical training in laser and light treatments.

Assessment type: Externally assessed

-  5 hours
-  Level 4
-  BT4A14

7. VTCT Skills Level 4 Diploma in Advanced Beauty Therapy

A Level 4 qualification that develops advanced specialist skills such as laser and light treatments, skin rejuvenation, and microdermabrasion. It also covers areas like dermatology and microbiology, physiology of ageing, client care, and salon management, preparing learners for employment as an advanced senior beauty therapist.

Assessment type: Externally quality assured

-  554 hours
-  Level 4
-  AB40162

8. VTCT Skills Level 4 Certificate in Advanced Aesthetic Therapies for Skin Rejuvenation

A Level 4 qualification that develops the knowledge and practical skills to safely perform advanced skin rejuvenation treatments, such as skin needling and superficial chemical peels. It covers client consultation, dermatological science, and safe practice in line with industry standards, preparing learners for work in the non-surgical aesthetics sector.

Assessment type: Externally quality assured

-  237 hours
-  Level 4
-  BT4C16

9. VTCT Skills (iTEC) Level 4 Diploma in Advanced Aesthetic Treatments

A Level 4 qualification designed for practitioners looking to expand into a range of advanced aesthetic treatments. It covers core areas such as principles and ethics, client consultation, and skin science, alongside optional practical treatments, preparing learners for work as a Level 4 aesthetic practitioner.

Assessment type: Externally assessed

- 191 hours
- Level 4
- BT4D5

10. VTCT Skills (ITEC) Level 4 Award in Skin Needling

A Level 4 qualification that develops the skills to safely perform skin needling (microneedling) treatments to improve skin condition. It covers client consultation, skin assessment, treatment planning, and safe practice alongside essential health and safety and anatomy knowledge.

Assessment type: Externally assessed

- 52 hours
- Level 4
- BT4A2

11. VTCT Skills (ITEC) Level 4 Certificate in Skin Needling

A Level 4 qualification that develops the knowledge and practical skills to safely perform skin needling (microneedling) treatments. It covers advanced consultation, skin analysis, treatment techniques, and health and safety to prepare learners for work in the advanced aesthetics sector.

Assessment type: Externally assessed

- 123 hours
- Level 4
- BT4C5

12. VTCT Skills Level 4 Certificate in Micropigmentation

A Level 4 qualification that develops the skills to perform micropigmentation (cosmetic tattooing) treatments to enhance facial features. It covers client consultation, tailored treatment planning, micropigmentation techniques, and safe working practices, preparing learners for specialist roles in permanent makeup.

Assessment type: Externally quality assured

- 169 hours
- Level 4
- AB40168

13. VTCT Skills (ITEC) Level 4 Award in Skin Peeling

A Level 4 qualification that develops the skills to safely perform professional skin peeling treatments. It covers client consultation, skin analysis, treatment application, and safe working practices, preparing learners to deliver skin peeling services in an advanced aesthetics setting.

Assessment type: Externally assessed

- 52 hours
- Level 4
- BT4A7

14. VTCT Skills (ITEC) Level 4 Certificate in Skin Peeling

A Level 4 qualification that develops the knowledge and practical skills to safely perform skin peeling treatments. It covers advanced consultation, skin analysis, treatment application, and health and safety, preparing learners to work as a skin peeling practitioner in the aesthetics sector.

Assessment type: Externally assessed

- 123 hours
- Level 4
- BT4C6

15. VTCT Skills (ITEC) Level 4 Certificate in Radio Frequency

A Level 4 qualification that develops the knowledge and practical skills to safely perform radio frequency treatments. It covers advanced consultation, skin analysis, treatment techniques, and health and safety, preparing learners to work in advanced aesthetics using radio frequency technologies.

Assessment type: Externally assessed

- 123 hours
- Level 4
- BT4C4

16. VTCT Skills (ITEC) Level 4 Award in Radio Frequency

A Level 4 qualification that develops the skills to safely perform radio frequency treatments for skin tightening and rejuvenation. It focuses on a single treatment unit, covering consultation, treatment planning, application techniques, and essential health and safety and anatomy knowledge.

Assessment type: Externally assessed

- 52 hours
- Level 4
- BT4A6

17. VTCT Skills Level 4 Certificate in Enhancing Eyebrows with Microblading Techniques

A Level 4 qualification that develops the knowledge and practical skills to safely perform microblading treatments to enhance eyebrows. It covers consultation, eyebrow shaping, anatomy and physiology, microblading techniques, and health and safety, preparing learners for work as a professional microblading technician.

Assessment type: Externally quality assured

- 165 hours
- Level 4
- BT4C2

18. VTCT Skills Level 4 Award in Eyebrow Micropigmentation Techniques

A Level 4 qualification that develops the knowledge and practical skills to safely perform eyebrow micropigmentation (semi-permanent makeup) treatments. It covers consultation, client suitability assessment, treatment planning, safe practice protocols, and aftercare, preparing learners to deliver professional eyebrow micropigmentation services.

Assessment type: Externally quality assured

- 30 hours
- Level 4
- BT4A21

19. VTCT Skills (ITEC) Level 4 Certificate in Micro-Pigmentation Treatment

A Level 4 qualification that develops the knowledge and practical skills to safely perform micropigmentation (cosmetic tattooing) treatments. It covers client consultation, treatment planning, micropigmentation application, and health and safety, preparing learners to work as professional permanent makeup practitioners.

Assessment type: Externally assessed

- 119 hours
- Level 4
- IBT4C8

20. VTCT Skills Level 4 Award in Skin Blemish Removal

A Level 4 qualification that develops the skills to safely carry out advanced blemish removal treatments using electrical epilation techniques. It covers client consultation, treatment planning, treatment application, and health and safety, preparing learners to remove common skin blemishes in an advanced aesthetics setting.

Assessment type: Externally quality assured

- 47 hours
- Level 4
- AB40164

21. VTCT Skills (ITEC) Level 4 Award in Dermaplaning

A Level 4 qualification that develops the skills to safely perform dermaplaning treatments. It covers client consultation, skin analysis, treatment techniques, and health and safety, preparing learners to deliver professional skin resurfacing treatments in an advanced aesthetics setting.

Assessment type: Externally assessed

- 16 hours
- Level 4
- BT4A11

22. VTCT Skills (ITEC) Level 4 Award in High Intensity Focused Ultrasound (HIFU)

A Level 4 qualification that develops the skills to safely perform HIFU treatments. It covers client consultation, treatment planning, HIFU application techniques, and health and safety, preparing learners to deliver non-invasive skin tightening treatments in an advanced aesthetics setting.

Assessment type: Externally assessed

- 21 hours
- Level 4
- BT4A13

23. VTCT Skills Level 4 Award in Lip Micropigmentation Techniques

A Level 4 qualification that develops the skills to safely perform lip micropigmentation (semi-permanent makeup) treatments. It covers client consultation, treatment planning, lip micropigmentation techniques, and health and safety, preparing learners to deliver professional lip enhancement treatments in an advanced aesthetics setting.

Assessment type: Externally quality assured

- 21 hours
- Level 4
- BT4A23

24. VTCT Skills (ITEC) Level 4 Award in Plasma Pen Techniques

A Level 4 qualification that develops the skills to safely perform plasma pen treatments for skin rejuvenation. It covers client consultation, treatment planning, plasma pen application techniques, and health and safety, preparing learners to deliver non-surgical skin tightening treatments in an advanced aesthetics setting.

Assessment type: Externally assessed

- 20 hours
- Level 4
- BT4A19

25. VTCT Skills (ITEC) Level 4 Award in Scalp Micropigmentation Treatments

A Level 4 qualification that develops the skills to safely perform scalp micropigmentation (cosmetic tattooing) to replicate hair follicles and improve the appearance of hair loss or scarring, covering client consultation, treatment planning, micropigmentation techniques, and health and safety, and preparing learners to deliver professional scalp enhancement treatments in an advanced aesthetics setting.

Assessment type: Externally assessed

- 21 hours
- Level 4
- BT4A12

26. VTCT Skills Level 5 Certificate in Non-surgical Aesthetic Procedures for Skin Rejuvenation

A Level 5 qualification that develops advanced knowledge and practical skills in non-surgical skin rejuvenation treatments, covering client assessment, advanced skin science, treatment planning, complication management, and procedures such as chemical peels, skin needling, mesotherapy, and LED therapy, and preparing learners to deliver safe, high-level aesthetic treatments and progress towards Level 7 injectable qualifications within an advanced clinical aesthetics setting.

Assessment type: Externally quality assured

- 174 hours
- Level 5
- BT5C3

27. VTCT Skills (ITEC) Level 5 Certificate in Laser Tattoo Removal

A Level 5 qualification that develops advanced knowledge and practical skills to safely remove or fade tattoos using Q-switched laser systems, covering client consultation, treatment planning, advanced skin care, laser application techniques, and health and safety, and preparing learners to deliver professional laser tattoo removal services within an advanced non-medical aesthetics setting.

Assessment type: Externally assessed

- 180 hours
- Level 5
- BT5C2

28. VTCT Skills (ITEC) Level 5 Award in Skin Peeling Treatments

A Level 5 qualification that develops advanced knowledge and practical skills to safely perform superficial chemical skin peeling treatments, covering client consultation, treatment planning, skin physiology, application techniques, and health and safety, and preparing learners to deliver professional skin peeling services within an advanced aesthetics setting.

Assessment type: Externally assessed

- 14 hours
- Level 5
- BT5A4

29. VTCT Skills (ITEC) Level 5 Award in Radiofrequency Microneedling Treatments

A Level 5 qualification that develops advanced knowledge and practical skills to safely perform radiofrequency microneedling treatments, covering client consultation, treatment planning, application of RF microneedling techniques, and health and safety, and preparing learners to deliver professional skin rejuvenation treatments within an advanced aesthetics setting.

Assessment type: Externally assessed

- 14 hours
- Level 5
- BT5A5

30. VTCT Skills (ITEC) Level 5 Certificate in Advanced Blemish Removal

A Level 5 qualification that develops advanced knowledge and practical skills to safely remove a range of skin blemishes using specialist techniques, covering client consultation, treatment planning, advanced skin care, blemish removal procedures, and health and safety, and preparing learners to deliver professional advanced blemish removal treatments within an advanced non-medical aesthetics setting.

Assessment type: Externally assessed

- 152 hours
- Level 5
- BT5C1

31. VTCT Skills (ITEC) Level 6 Award in Mesotherapy Treatments

A Level 6 qualification that develops advanced knowledge and practical skills to safely perform mesotherapy treatments, covering client consultation, treatment planning, application of mesotherapy techniques, and health and safety, and preparing learners to deliver professional skin rejuvenation treatments within an advanced aesthetics setting.

Assessment type: Externally assessed

- 14 hours
- Level 6
- BT6A2

32. VTCT Skills (ITEC) Level 6 Certificate in Advanced Skin Needling

A Level 6 qualification that develops advanced knowledge and practical skills in skin needling treatments, covering principles and ethics of advanced aesthetics, client consultation, dermatological science, treatment planning, and the delivery of advanced skin needling procedures, and preparing learners to provide safe, high-level skin rejuvenation treatments within a professional, regulated aesthetics setting.

Assessment type: Externally assessed

- 213 hours
- Level 6
- BT6C2

33. VTCT Skills (ITEC) Level 6 Certificate in Advanced Chemical Skin Peeling

A Level 6 qualification that develops advanced knowledge and practical skills to safely deliver advanced chemical skin peeling treatments, covering consultation, dermatological science, treatment planning, and application techniques, and preparing learners to provide high-level skin rejuvenation treatments within an advanced aesthetics setting.

Assessment type: Externally quality assured

- 213 hours
- Level 6
- BT6C1

34. VTCT Skills Level 7 Diploma in Non-surgical Aesthetic Injectable Procedures

A Level 7 qualification that develops advanced knowledge and practical skills to safely administer injectable treatments, covering consultation, anatomy and physiology, treatment planning, injection techniques, complication management, and professional ethics, and preparing learners to deliver high-level injectable procedures within a regulated clinical aesthetics setting.

Assessment type: Externally quality assured

- 290 hours
- Level 7
- BT7D1

35. VTCT Skills Level 7 Certificate in Non-surgical Aesthetic Injectable Procedures

A Level 7 qualification that develops advanced knowledge and practical skills to safely administer non-surgical injectable treatments, covering consultation, psychological considerations, complication management, botulinum toxin and dermal filler techniques, and preparing learners to deliver safe and effective injectable procedures within a regulated aesthetics setting.

Assessment type: Externally quality assured

- 180 hours
- Level 7
- BT7C1

36. VTCT Skills Level 7 Certificate in Non-surgical Aesthetic Injectable Procedures using Skin Boosters

A Level 7 qualification that develops advanced knowledge and practical skills to safely administer skin booster treatments, covering consultation, anatomy and physiology, complication management, injection techniques, and professional ethics, and preparing learners to deliver safe and effective skin booster procedures within a regulated aesthetics setting.

Assessment type: Externally quality assured

- 170 hours
- Level 7
- BT7C4

“VTCT Skills plays a vital role in equipping learners with the knowledge, practical skills, and qualifications needed to build successful and trusted careers.”

Sara Beckingham, Business Development Manager, 4T Medical

Clinical Aesthetics

Precision, safety and confidence

Clinical aesthetics qualifications are designed for settings where advanced procedures, strict protocols and high levels of responsibility are required.

These qualifications emphasise:

- Advanced anatomical knowledge
- Evidence-based practice
- Client safety, consent and compliance
- Professional decision-making

They support the delivery of services that meet the expectations of international clients and regulatory environments.

1. VTCT Skills (ITEC) Level 7 Diploma in Clinical Aesthetic Injectable Treatments

An advanced qualification for registered healthcare professionals, developing the knowledge and practical skills to safely and effectively deliver non-surgical injectable treatments such as botulinum toxin and dermal fillers, with a strong focus on clinical practice, patient safety, and regulatory standards.

Assessment type: Externally assessed

 **175 hours**

 **Level 7**

 **MA7D1**

2. VTCT Skills (ITEC) Level 7 Diploma in Non-Surgical Cosmetic Injectable Treatments

An advanced qualification for registered healthcare professionals, focused on developing the knowledge and competence to safely and effectively deliver non-surgical injectable treatments, such as botulinum toxin and dermal fillers, in line with clinical, ethical and regulatory standards.

Assessment type: Externally assessed

 **162 hours**

 **Level 7**

 **MA7D2**

“At the London School of Barbering, we value VTCT Skills for their professionalism, support, and commitment to maintaining industry standards. Their qualifications are recognised across the sector and help learners build credible, successful careers in hair and barbering.”

Michael Kontos, Owner, London School of Barbering

Hairdressing & Barbering

Craft, creativity and professional excellence

These qualifications prepare learners for dynamic careers in:

- Hairdressing
- Barbering
- Styling and finishing
- Colour, cutting and professional consultation

Strong emphasis is placed on:

- Technical accuracy
- Trend awareness
- Client experience
- Workplace readiness

VTCT Skills supports India’s vibrant salon culture with qualifications that balance creativity with professional discipline.

1. VTCT Skills Level 1 Diploma in Hairdressing

A Level 1 introductory qualification designed to develop basic practical skills, knowledge and behaviours needed to begin a career in the hairdressing industry.

Assessment type: Externally quality assured

 **338 hours**

 **Level 1**

 **AH10238R**

2. VTCT Skills (ITEC) Level 2 Diploma in Hairdressing

A Level 2 vocational qualification that develops the practical skills, knowledge and understanding required to carry out core salon services—such as cutting, colouring, styling, shampooing and client consultation—preparing learners to work as a junior hairdresser or stylist or progress to further training.

Assessment type: Externally assessed

 **535 hours**

 **Level 1**

 **HB2D5**

3. VTCT Skills Level 2 Diploma in Women’s Hairdressing

A Level 2 vocational qualification that develops the practical skills, knowledge and understanding required to carry out core salon services—such as cutting, colouring, styling, shampooing and client consultation.

Assessment type: Externally quality assured

 **448 hours**

 **Level 2**

 **AH20167R**

4. VTCT Skills Level 2 Certificate in Women’s Hairdressing

A Level 2 qualification that develops practical skills and knowledge to carry out core salon services—such as cutting, styling, shampooing and client consultation.

Assessment type: Externally quality assured

 **283 hours**

 **Level 2**

 **AH20041R**

5. VTCT Skills Level 2 Certificate in Barbering

A Level 2 qualification that develops the practical skills and knowledge to deliver barbering services such as cutting men’s hair, shaping facial hair and providing client consultation preparing learners to perform their own services at a professional level.

Assessment type: Externally quality assured

- 137 hours
- Level 2
- AH20045R

6. VTCT Skills Level 2 Diploma in Barbering Studies

A Level 2 qualification that develops the practical skills and knowledge needed to become a barber including consultation, health and safety, shampooing and conditioning, cutting men’s hair and facial hair and recommending products and services preparing learners to perform barbering services.

Assessment type: Externally quality assured

- 345 hours
- Level 2
- AH20505R

7. VTCT Skills (ITEC) Level 2 Diploma in Barbering

A Level 2 qualification that develops the practical skills and knowledge required to deliver barbering services such as cutting men’s hair, cutting and shaping facial hair, shampooing and conditioning, consultation and health and safety to industry standards.

Assessment type: Externally assessed

- 389 hours
- Level 2
- IHB2D12

8. VTCT Skills Level 3 Diploma in Women’s Hairdressing

A Level 3 qualification that develops advanced practical skills and knowledge in cutting, colouring, styling and dressing women’s hair along with consultation support and health and safety, enabling learners to perform salon services at an advanced level.

Assessment type: Externally quality assured

- 422 hours
- Level 3
- AH30239R

9. VTCT Skills Level 3 Diploma in Advanced and Creative Hairdressing

A Level 3 qualification that develops advanced creative and technical skills in cutting, colouring, styling and finishing hair, along with consultation and professional practice, enabling learners to create innovative, fashion forward looks to industry standards.

Assessment type: Externally quality assured

- 554 hours
- Level 3
- HB3D12

10. VTCT Skills Level 3 Diploma in Hairdressing

A Level 3 qualification that develops advanced practical skills and knowledge in consultation, cutting, colouring, and styling hair, along with health and safety, enabling learners to perform salon services to a professional standard.

Assessment type: Externally quality assured

- 365 hours
- Level 3
- HB3D1

11. VTCT Skills (ITEC) Level 3 Diploma in Hairdressing

A Level 3 qualification that develops advanced practical skills and knowledge in creative cutting, colouring, styling and dressing hair, alongside client consultation and professional practice to industry standards.

Assessment type: Externally assessed

- 472 hours
- Level 3
- IHB3D11

12. VTCT Skills Level 3 Diploma in Hairdressing

A Level 3 qualification that develops advanced practical skills and knowledge in consultation, cutting, colouring and styling hair along with health and safety, enabling learners to perform salon services to a professional standard.

Assessment type: Externally quality assured

- 720 hours
- Level 3
- HBN3D16

13. VTCT Skills Level 3 Certificate in Barbering

A Level 3 qualification that develops advanced practical skills and knowledge in creatively cutting men’s hair and cutting facial hair, along with health and safety, enabling learners to perform barbering services at a high professional level.

Assessment type: Externally quality assured

- 105 hours
- Level 3
- AH30055

14. VTCT Skills (ITEC) Level 3 Award in Bridal Hairstyling

A Level 3 qualification that develops advanced practical skills and knowledge in designing and creating bridal hairstyles, along with client consultation, health and safety and aftercare to industry standards.

Assessment type: Externally assessed

- 37 hours
- Level 3
- IHB3A1

15. VTCT Skills (ITEC) Level 4 Certificate in Trichology for Hairdressers

A Level 4 qualification that develops advanced theoretical and practical knowledge of the hair and scalp, including anatomy and physiology, nutrition, science, product chemistry and risk control, enabling learners to provide professional trichology services.

Assessment type: Externally assessed

- 268 hours
- Level 4
- IHB4C1

16. VTCT Skills Level 4 Diploma in Advanced Techniques and Management Practice in Hairdressing

A Level 4 qualification that develops advanced technical skills alongside management and leadership knowledge, including client care quality, human resource management, and health and safety, preparing learners to perform high-level hairdressing services and manage salon operations.

Assessment type: Externally quality assured

- 425 hours
- Level 4
- HB4D1

“Growing demand is driving more people to learn English as a strategic career investment. A recognised VTCT Skills iESOL certification demonstrates language competence, boosting employability, supporting career progression, and opening opportunities both locally and internationally.”

Maria Alafogianni, CEO Best Educational Services & Assessment (B.E.S.A) Greece

ESOL – English for Speakers of Other Languages

English skills for the beauty & wellness industry

VTCT Skills ESOL qualifications support learners who need to develop functional, job-relevant English. The Qualifications are recognised in the UK and globally and are referenced to the descriptions of language proficiency in the Common European Framework Reference for Languages (CEFR).

1. Entry Level Certificate in ESOL International (A1)

Basic user of English - Understands and uses familiar everyday expressions and basic phrases for concrete needs.

Assessment type: Externally assessed

- 70 hours
- Level 1 (A1)
- ESEC20

2. Entry Level Certificate in ESOL International (A2)

Basic user of English - Understands frequently used sentences and expressions related to areas of immediate relevance (e.g., shopping, family, local geography).

Assessment type: Externally assessed

- 80 hours
- Level 2 (A2)
- ESEC21

3. Entry Level Certificate in ESOL International (B1)

Independent user of English - Understands the main points of clear, standard information on familiar topics.

Assessment type: Externally assessed

- 180 hours
- Level 3 (B1)
- ESEC22

4. Level 1 Certificate in ESOL International (B2)

Independent user of English - Understands the main ideas of complex text on both concrete and abstract topics, including technical discussions in their field.

Assessment type: Externally assessed

- 180 hours
- Level 1 (B2)
- ES1C23

5. Level 2 Certificate in ESOL International (C1)

Proficient user of English - Understands a wide range of demanding, longer texts and recognizes implicit meaning.

Assessment type: Externally assessed

- 250 hours
- Level 2 (C1)
- ES2C24

6. Level 3 Certificate in ESOL International (C2)

Proficient user of English - Can understand with ease virtually everything heard or read.

Assessment type: Externally assessed

- 280 hours
- Level 3 (C2)
- ES3C25

VELA – Vocational English Language Assessment

VELA is a customisable proficiency test that allows centres to assess learners' English levels within the real context of the Beauty and Wellness industry.

This enables learners to:

- Demonstrate English skills linked directly to client consultations
- Understand safety instructions and treatment protocols
- Communicate professionally with international clients
- Build confidence for global workplace environments

VELA ensures English is relevant, purposeful and empowering, not generic or disconnected from learners' career pathways.

Sports and Fitness

Supporting healthier lives

These qualifications focus on:

- Physical activity
- Fitness instruction
- Health and wellbeing promotion

They align well with wellness centres, holistic environments and preventative health services—supporting learners to work in active health settings with confidence.

1. VTCT Skills (ITEC) Level 2 Certificate in Fitness Instructing (Gym-based Exercise)

A Level 2 qualification that develops the knowledge, skills and practical competence required to work as a gym-based fitness instructor, including planning and delivering exercise programmes, supporting clients and promoting safe and effective physical activity.

Assessment type: Externally assessed

- 158 hours
- Level 2
- ISP2C5

2. VTCT Skills Level 2 Certificate in Instructing Gym-based Exercise

A Level 2 qualification that develops the knowledge, skills and practical competence required to work as a gym instructor, including planning and delivering gym-based exercise programmes, supporting clients and promoting safe and effective physical activity.

Assessment type: Externally quality assured

- 165 hours
- Level 2
- SP2C7

3. VTCT Skills (ITEC) Level 2 Award in Instructing Strength and Conditioning Sessions

A Level 2 qualification that develops the knowledge and practical skills required to plan and deliver strength and conditioning sessions, enabling learners to support clients safely and effectively within a fitness environment.

Assessment type: Externally assessed

- 20 hours
- Level 2
- ISP2A4

4. VTCT Skills Level 2 Diploma in Sports Studies

A Level 2 qualification that develops knowledge, understanding and practical skills across sport and fitness, including anatomy and physiology, performance, and planning and leading sporting activities.

Assessment type: Externally quality assured

- 330 hours
- Level 2
- AF20487

5. VTCT Skills (ITEC) Level 2 Award in Instructing Studio Cycling Sessions

A Level 2 qualification that develops the knowledge and practical skills required to plan and deliver safe and effective studio cycling sessions, enabling learners to instruct and support clients within a fitness environment.

Assessment type: Externally assessed

- 28 hours
- Level 2
- ISP2A2

6. VTCT Skills (ITEC) Level 2 Award in Instructing Kettlebell Training Sessions

A Level 2 qualification that develops the knowledge and practical skills required to plan and deliver safe and effective kettlebell training sessions, enabling learners to instruct clients and support fitness programmes within a gym or group exercise environment.

Assessment type: Externally quality assured

- 16 hours
- Level 2
- ISP2A1

7. VTCT Skills Level 2 Award in Delivering Chair-Based Exercise

A Level 2 qualification that develops the knowledge and practical skills required to plan and deliver safe and effective chair-based exercise sessions for frailer older adults and individuals with disabilities.

Assessment type: Externally quality assured

- 37 hours
- Level 2
- AF20452

8. VTCT Skills Level 2 Certificate in Instructing Group Circuit Training

A Level 2 qualification that develops the knowledge, skills and practical competence required to plan and deliver group circuit training sessions, enabling learners to work as a fitness instructor and support safe, effective exercise programmes for groups.

Assessment type: Externally quality assured

- 157 hours
- Level 2
- SP2C9

9. VTCT Skills Level 3 Diploma in Sports Massage Therapy

A Level 3 qualification that develops the knowledge, understanding and technical skills required to work as a sports massage therapist, including applying massage techniques to support muscle function, recovery and performance.

Assessment type: Externally quality assured

- 225 hours
- Level 3
- SP3D6

10. VTCT Skills (ITEC) Level 3 Diploma in Sports Massage

A Level 3 qualification that develops the knowledge, understanding and practical skills required to work as a sports massage therapist, including delivering treatments to support muscle function, recovery and performance in a range of contexts.

Assessment type: Externally assessed

- 225 hours
- Level 3
- ISP3D32

11. VTCT Skills (ITEC) Level 3 Diploma in Personal Training (Gym-based Exercise)

A Level 3 qualification that develops the knowledge, skills and practical competence required to work as a personal trainer, including designing and delivering tailored fitness programmes and supporting clients to achieve their health and fitness goals.

Assessment type: Externally quality assured

- 346 hours
- Level 3
- ISP3D31

12. VTCT Skills Level 3 Diploma in Personal Training (Gym Based Exercise)

A Level 3 qualification that develops the knowledge, skills and practical competence required to work as a personal trainer in a gym-based environment, including designing and delivering tailored exercise programmes and supporting clients to achieve their health and fitness goals.

Assessment type: Externally quality assured

- 346 hours
- Level 3
- SP3D5

13. VTCT Skills Level 3 Diploma in Instructing Mat-Based Pilates

A Level 3 qualification that develops the knowledge, skills and practical competence required to plan and deliver safe and effective mat-based Pilates sessions for individuals and groups, preparing learners for a career as a Pilates instructor.

Assessment type: Externally quality assured

- 240 hours
- Level 3
- AF30473

14. VTCT Skills (ITEC) Level 3 Diploma in Pilates Teaching

A Level 3 qualification that develops the knowledge, understanding and practical skills required to plan and deliver safe and effective Pilates sessions, enabling learners to work as Pilates instructors in the fitness and wellbeing sector.

Assessment type: Externally assessed

- 210 hours
- Level 3
- ISP3D29

15. VTCT Skills (ITEC) Level 3 Diploma in Yoga Teaching

A Level 3 qualification that develops the knowledge, understanding and practical skills required to plan and deliver safe and effective yoga sessions, enabling learners to work as yoga instructors in the fitness and wellbeing sector.

Assessment type: Externally quality assured

- 210 hours
- Level 3
- ISP3D30

16. VTCT Skills Level 4 Certificate in Sports Massage Therapy

A Level 4 qualification that develops advanced knowledge, understanding and clinical skills required to assess, treat and support clients with soft tissue injuries, enabling learners to work as a sports massage practitioner at a more specialist level.

Assessment type: Externally quality assured

- 128 hours
- Level 4
- SP4C1

17. VTCT Skills (ITEC) Level 4 Certificate in Sports Massage

A Level 4 qualification that develops advanced knowledge, understanding and clinical skills required to assess, treat and manage soft tissue injuries, enabling learners to work as a sports massage practitioner at a more specialist, injury-focused level.

Assessment type: Externally assessed

- 128 hours
- Level 4
- ISP4C2

18. VTCT Skills (ITEC) Level 4 Award in Dry Needling

A Level 4 qualification that develops the knowledge, understanding and practical skills required to safely plan and deliver dry needling treatments as a therapeutic modality, typically for practitioners in sports therapy, sports massage or related fields.

Assessment type: Externally assessed

- 21 hours
- Level 4
- SP4A2

19. VTCT Skills Level 5 Certificate in Sports Massage Therapy

A Level 5 qualification that develops advanced clinical knowledge, assessment skills and complex massage techniques, enabling experienced therapists to work with non-acute injuries and more complex musculoskeletal conditions at a specialist level.

Assessment type: Externally quality assured

- 127 hours
- Level 5
- SP5C1

20. VTCT Skills (ITEC) Level 5 Certificate in Sports Massage

A Level 5 qualification that develops advanced clinical knowledge, assessment techniques and complex soft tissue treatment skills, enabling experienced practitioners to assess, treat and manage more complex musculoskeletal conditions and injuries at a specialist level.

Assessment type: Externally assessed

- 127 hours
- Level 5
- ISP5C2

Personal & Social Development

Skills for work, life and leadership

- These qualifications help learners develop:
- Confidence and communication
 - Professional behaviour
 - Self management and employability skills

They are ideal as foundation or enhancement programmes, supporting learner progression across the beauty, wellness and service sectors.

1. VTCT Skills Level 1 Award in Principles of Customer Service (RQF)

A Level 1 qualification that develops basic knowledge of customer service, focusing on understanding customer needs and expectations, and how to respond effectively to queries, problems and complaints to deliver reliable service.

Assessment type: Externally quality assured

- 47 hours
- Level 1
- CSA01

2. VTCT Skills Level 1 Certificate in Customer Service

A Level 1 qualification that develops the knowledge and skills needed to work in customer-facing roles, covering communication with customers, delivering effective service, and understanding how customer service operates in a business environment.

Assessment type: Externally quality assured

- 143 hours
- Level 1
- CS1C1

3. VTCT Skills (ITEC) Level 1 Award in Mental Health Awareness

A Level 1 qualification that develops understanding of mental health and wellbeing, focusing on recognising common mental health conditions, their effects, and how to support individuals experiencing mental health challenges.

Assessment type: Externally quality assured

- 6 hours
- Level 1
- MH1A1

4. VTCT Skills Level 1 Award in Employability Skills

A Level 1 qualification that develops the essential skills and confidence needed to enter employment, focusing on job search, applications, interviews and safe working practices.

Assessment type: Externally quality assured

- 77 hours
- Level 1
- SK1A3

5. VTCT Skills Level 1 Award in Managing your own Money (RQF)

A Level 1 qualification that develops essential financial awareness and practical money management skills, helping learners understand how to budget, save and make informed financial decisions.

Assessment type: Externally quality assured

- 21 hours
- Level 1
- MMA1

6. VTCT Skills Level 1 Certificate in Managing Personal Finance (RQF)

A Level 1 qualification that develops practical knowledge and understanding of personal finance, helping learners manage money effectively in everyday life.

Assessment type: Externally quality assured

- 103 hours
- Level 1
- MPFC1

7. VTCT Skills Level 2 Certificate in Retail Skills

A Level 2 qualification that develops the knowledge and practical skills required to work effectively in a retail environment, including customer service, teamwork, stock handling and sales support across a range of retail settings.

Assessment type: Externally quality assured

- 73 hours
- Level 2
- AG20417

8. VTCT Skills (ITEC) Level 2 Certificate in Mental Health Awareness

A Level 2 qualification that develops knowledge and understanding of mental health and mental ill-health, enabling learners to recognise common conditions, understand their causes and support strategies, and promote positive mental wellbeing.

Assessment type: Externally quality assured

- 120 hours
- Level 2
- MH2C1

9. VTCT Skills Level 2 Diploma in Customer Service

A Level 2 qualification that develops the knowledge, skills and competence required to deliver and improve customer service in the workplace, including understanding customers, handling queries and complaints, and building effective customer relationships.

Assessment type: Externally quality assured

- 245 hours
- Level 2
- CS2D1

10. VTCT Skills Level 3 Diploma in Business Studies

A Level 3 qualification that develops knowledge and understanding of business and management, enabling learners to apply business principles in real contexts.

Assessment type: Externally quality assured

- 500 hours
- Level 3
- BU3D2

Education & Training

Developing the educators of tomorrow

- Education and Training qualifications support professionals who wish to:
- Become trainers, assessors or educators
 - Deliver vocational and skills-based training
 - Maintain quality and consistency in learning environments

1. VTCT Skills Level 3 Award in Education and Training

A Level 3 qualification that provides an introduction to teaching, covering skills such as planning and delivering sessions, basic course design, assessment methods and evaluation,

Assessment type: Externally quality assured

- 48 hours
- Level 3
- ET3A1

2. VTCT Skills Level 3 Award in Assessing Vocationally Related Achievement

A Level 3 qualification that develops the skills and knowledge to assess learners’ vocational skills, knowledge and understanding in training environments such as classrooms or workshops, focusing on assessment principles and practices to support a role as a vocational assessor.

Assessment type: Externally quality assured

- 54 hours
- Level 3
- AG30201

3. VTCT Skills Level 4 Certificate in Education and Training

A Level 4 qualification that develops practical teaching skills, covering planning, delivery, assessment and the use of resources, enabling learners to teach confidently in further education and training environments.

Assessment type: Externally quality assured

- 128 hours
- Level 4
- ET4C1

4. VTCT Skills Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice

A Level 4 qualification that develops the skills and knowledge to internally assure the quality of assessment within an organisation or training centre, focusing on maintaining, monitoring and improving assessment practices to support a role as an internal quality assurer (IQA).

Assessment type: Externally quality assured

- 90 hours
- Level 4
- AG40220

5. VTCT Skills Level 5 Diploma in Education and Training

A Level 5 qualification that develops the advanced knowledge, skills and professional practice required to teach, assess and support learners, preparing individuals for full teaching roles in further education and training environments.

Assessment type: Externally quality assured

- 390 hours
- Level 5
- ET5D1

VTCT Skills Collective: Online & live events

Learning beyond the qualification

VTCT Skills Collective offers:



Live online events



Industry insights and updates



Educator and assessor engagement



Global community connection

These events bring together professionals from across the world to share best practice, innovation and inspiration.

“Our collaboration with VTCT Skills has reignited our commitment to supporting future hairdressers and tutors, inspiring us to launch our own initiative. It’s more important than ever to stand together for the advancement of our industry.”

Marie Nieuwoudt, Group Education Manager, CLOUD NINE

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Contact us

For partnership, centre approval or qualification enquiries:
indiaenquiries@vtctskills.org.uk



As a UK-registered charity, VTCT Skills is dedicated to transforming lives through skills, reinvesting its profits into the development of learners, skills and vocational education worldwide. Through a network of more than 3,000 training centres across 50+ countries, VTCT Skills supports over 120,000 learners annually.

www.vtctskills.org.uk

VTCT Skills is the working name of Vocational Training Charitable Trust. Registered office: Aspire House, Annealing Close, Eastleigh, SO50 9PX

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